

# Peace Through Prayer

*"Often, we cause ourselves to become agitated & disturbed by trying to resolve everything by ourselves, when it would be more efficacious to remain peacefully before the gaze of God ...."*

*Fr. Jacques Philippe*



World Renowned  
Retreat Master & Author

**Father Jacques Philippe**

Saturday, November 19<sup>th</sup>

9:00 AM – 4:30 PM

St. James Catholic Church  
Solana Beach

Sign up @ [www.parentsinprayer.com](http://www.parentsinprayer.com)

\$20 Retreat Donation

Lunch available for \$10

Questions contact:

Cathy Smith

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Fr. Philippe will be assisted  
by a translator

**Are you tired of being anxious and worried?**

**Do you wish you knew how to pray?**

Almost 1600 years ago, St. Augustine wrote, "You have made us for yourself, O Lord, and our hearts are restless until they rest in thee." Today, we are more restless than ever! Join us for this powerful daylong retreat as Father Jacques Philippe helps us to slow down and turn our hearts to God. Since peace is a gift that Jesus promised to all of us, we want to learn how to ask for it in prayer, how to seek Him in silence, and how to stop worrying by starting to trust in God's plan for our lives. We will celebrate Holy Mass & spend time in Eucharistic Adoration. Fr. Philippe has guided people all over the world in their search for peace – come give yourself the gift of his wisdom.



Sponsored by Gospel Girls and Parents in Prayer  
For more information visit [www.frjacquesphilippe.com](http://www.frjacquesphilippe.com)